

# Spine.cx's first podcast

Yes, it's true! Spine.cx has entered the pod-o-sphere. I'm guessing that some (probably many) of you have no idea what podcasting is or why it could be useful to you. The short version is that podcasting is the downloading of binary content via RSS syndication. (If you don't know what RSS is, check out the orange rectangle located on the left of this page.) With the [correct application](#) managing your syndication, you don't have to manually download anything. You just go to your computer, and there's a bunch of content on your hard drive.

The most common use for this technology so far is syndicating audio files (usually mp3s) that are basically radio shows. I subscribe to a few of them. But the beauty of it is that it's not limited to audio. It could be video, or even a torrent file. Combine syndication with the automatic downloading of torrents and you've got something incredibly powerful and useful. I'm not using bittorrent technology (yet), but everything is still available as MP3s.

Subscribe to my [podcast feed!](#)

Jeanning and I talk about Halifax developments, swarmings, and the new pope (who I think I mistakenly called John Ratzinger...should have been Joseph). I can't apologize enough for the quality of Jeannine's microphone; it really sounds like shit. If anybody has a reasonable mic that the wouldn't mind lending me... ;)

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